

S.NO: 22N1- UXI

Course Code: BVXP

A.D.M.COLLEGE FOR WOMEN, NAGAPATTINAM

(AUTONOMOUS)

B.Voc (Software) Degree Examination

V Semester – November – 2022

GCC VII – LIFE SKILLS

Time: 3 hours

Maximum Marks: 75

Section –A

10X2=20

Answer ALL the Questions

1. What is the meaning of life skills?
2. Define critical thinking.
3. Mention about self – awareness.
4. Define Civic Virtue.
5. What is meant by Conversent?
6. Define Intuition.
7. Write about Virtual Teams.
8. Mention about Cycle.
9. Define Traits.
10. What is meant by turnaround Leadership.

Section –B

5X5=25

Answer **ALL** the Questions

11. a) Write a short note on:

(i) Learning skills.

(ii) Research skills.

(or)

b) Explain Leadership in life skills for professionals.

12. a) Explain the Path method and relaxation techniques in detail.

(or)

b) Explain the questionnaires in tools and technique of SA .

13. a) What are the six thinking hats? Explain in detail.

(or)

b) Describe the need for creativity in the 21st century.

14. a) Compare Group vs Team.

(or)

b) Write notes on composition in group dynamics

15. a) Describe the various levels of leadership.

(or)

b) Differentiate Transactional vs Transformational leaders.

Section -C

3 X 10 = 30

Answer any **THREE** Questions

16. Briefly discuss about the following:
 - (i) Motivation
 - (ii) Self motivation
 - (iii) Motivating others
17. Describe about the stress management.
18. Analyse the functions of left brain and right brain.
19. Discuss about the various dynamics techniques in life skills.
20. What are the various types of leadership. Explain in detail.

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